# The Crisis in the Church and Adolescent Males

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#### **Adolescent Male Victims**

- Dr. Paul Mc Hugh, former psychiatrist-in-chief at Johns Hopkins Hospital and member of National Review Board:
- "I'm astonished that this fundamental bombshell of the <u>homosexual predation of American adolescent</u> <u>males</u> has not been the subject of greater interest and discussion."
- "I'm astonished that people throughout America are not wondering what mechanisms set this alight."
  - National Catholic Register, 11/13 2005.

#### Three Post Crisis Programs

- Priests and seminarians "Boundaries."
- Adult Programs
- Child Programs "Anaysis of these "child empowerment programs shows them to be ineffective at preventing the sexual abuse of children. Inconsistent with science of child development and with the Church's teaching related to sexual morality.

To Protect and To Prevent, CMA 2006.

### Posttraumatic Stress Disorder

- Symptoms when confronted with events which were a threat to others or self
- Response involved horror, helplessness, fear (sadness, shame)
  - Distressing recollections of events
  - Irritability or outbursts of anger
  - Avoidance of people, places associated with trauma
  - Restricted range of affect (e.g., unable to have loving feelings).

DSM-IV R, American Psychiatric Association

#### **Treatment of PTSD**

Resolve anger
Process of forgiveness
Dependent upon understanding
3 levels of forgive
Forgive or be a prisoner of the past/slave of one's resentment

#### Build/restore trust

- Development of effective responses to the the causes of the trauma
- Spiritual life
- Purification of the memory

#### Pope John Paul II & Crisis

"The abuse of the young is a grave symptom of a crisis affecting not only the Church, but society as whole.
It is a deeply seated crisis of sexual morality."

April 23, 2002 to U.S. Cardinals & Bishops

### John Paul II and Crisis

"They (the Catholic faithful) must know that Bishops and priests are totally committed to the fullness of the Catholic truth on sexual morality, a truth as essential to the renewal of the priesthood and the episcopate as it is to the renewal of marriage and family life."

# **Crisis of Culture**

- Moral relativism/sexual utilitarian philosophy.
- Secular fundamentalism hostility against Judeo-Christian morality.
- Narcissism, hedonism, porn.
- Mental health field express all passions.

#### Cardinal Pell on the Crisis

"It (clerical sexual abuse) is obviously connected with the problem of homosexuality."

"We've got to see that this (homosexuality) is not tolerated amongst clergy and religious orders."
 Lifesite News May 18, 2006.

#### The John Jay Report

 Initial views were that the crisis was one of pedophilia.

 This report revealed that 81% of the victims in the crisis were males -

- 50.9 % ages 11 14
- 27.3 % ages 15 17
- 16% ages 8 10

• 6% under 7.

# Dr. Paul McHugh and Prevalence

"If you collect all of the seminary graduates between 1970 and 1973, 10-11% of them abused minors."

 In the classes of 1968 and 1973 in a W.
 Coast seminary one third of the graduates were involved in the sexual abuse.

 4% of all priests active between 1950 & 2002 had allegations of abuse. John Jay Report.

#### Is SSA Caused by Genes.

The first genome screen male sexual orientation
 no genetic basis found.

 A Genomewide scan of male sexual orientation. Mustanski, BS, et al. 2005. Hum Genet. 116: 272-8. National Cancer Institute, NIMH.

#### Is SSA Genetic?

#### No

Although the media has tried to promote the idea of a "gay gene," no genetic cause has ever been found for SSA.

The studies looking for the gay gene have been flawed, unsuccessfully replicated, and do not claim to have found a gay gene.

 Archives of General Psychiatry (March 1993)

#### SSA and Genes

Studies of identical twins fail to show 100% concordance.

 If SSA were genetically determined, identical twins should each have SSA. Studies reveal concordance no higher than 50%.

## The SSA Agenda

- Despite no evidence of a gay gene, there is an agenda in America to promote this myth.
  - <u>Media</u>: Will & Grace, Queer Eye for the Straight Guy, The Real World, etc.
  - <u>Education</u>: Support groups and mandatory diversity training for adolescents and college students.
  - <u>Corporate World</u>: Mandatory sensitivity training for employees.
  - Judicial/Legislative: same-sex marriages, arrest a Mass. father .
  - Churches:

## Major Communications Strategy Employed by MSM

- Desensitize the public to the dangers/truths of the lifestyle.
- Present those who oppose the lifestyle as angry/prejudiced homophobes.
- Convert people to accept the lifestyle as normal and healthy.
  - <u>After The Ball</u> by Marshall Kirk and Hunter Madsen, © 1989.

#### The Dictatorship of Relativism

- Force the acceptance of same sex unions and adoption
- Require teaching of the homosexual agenda at every educational level
- Do not teach the medical and psychiatric dangers of the lifestyle
- Legally punish those opposed in any way to the homosexual agenda for the culture

# Schools, Teachers and Child Abuse

- Teachers aggressively promote the homosexual lifestyle in the classroom.
- They encourage youth with SSA to attend SSA support groups in school which harm youth by failing to communicate the truth about SSA.
- This is the professional group with the greatest prevalence of sexual abuse of children.
- The U.S. Dept. of Justice in 1998 reported 103,600 cases of sexual abuse in by public school employees for that year.

#### **Teachers and Sexual Abuse**

7% of students nationally report being victims of sexual abuse by employee of a public school.
Of the 45 million students in public schools 3 million will have been the target of sexual abuse by a school employee by the 11th grade.
Dr. Charol Shakeshaft, Hofstra University
First Things. May, 2006. P. 14

#### Prevalence of SSA

 Myth: 10% of the general population homosexual (Kinsey)

Fact: Only 2 - 3% of the general population are homosexual.

In a study of 5,898 adults conducted in the Netherlands, only 2.1% identified themselves as homosexual. Sandfort TG. Arch Gen Psych. 1999;56.

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#### Prevalence of SSA

- Study of 15, 705 adults with median age 35
- .99 % for males
- .75 % for females

 Cochran, BN. 2006 Characteristics of lesbian, gay, bisexual, and transgender individuals entering substance abuse treatment. J. Substance Abuse Treatment 30: 135-146.

# Origins of SSA in Males

- Weak Masculine Confidence **Father Conflicts** Peer Rejection Poor Body Image Sexual Abuse Victimization Mistrust of Women Mother Conflicts Female Betrayal Selfishness Sexual Addiction / Pansexuality
- Anger against Judeo-Christian Morality

### **Origins of SSA in Females**

Mistrust of Males Father Conflicts Male Betrayal Sexual Abuse Weak Feminine Identity **Mother Conflicts** Peer Rejection Poor Body Image Loneliness Anger against Judeo-Christian Morality

# Why is an adult man attracted to adolescent male

- Common conflict in those with SSA
- Historical examples in Ancient Greece
- Lack of acceptance by peers as a child and an adolescent... sports
- Profound weaknesses in male confidence
- Loneliness... lack of male friendships
- Poor body image when young and in the present
- Excessive anger and rebelliousness
- Lack of deep friendship with the Lord

#### Healthy males and teenagers

- Want to give themselves as fathers in a loving manly way to teenagers.
- Protect them.
- Strengthen them in natural and in supernatural virtues.
- Teach them wisdom.
- Not use them.

# "Sexual Attraction vs. Orientation"

"Sexual orientation has been found to be unstable over time in both males and females".

Laumann, E., et al. 1994. The Social Organization of Sexuality: Sexual Practices in the U.S. U. of Chicago

# "Sexual Attraction vs. Orientation"

 Laumann and his colleagues found that sexual orientation over time was one-directional: declining, and very significantly so.
 Homosexuality tended to 'convert' into heterosexuality as a cohort of individuals aged, and this was true for both men and women.

## Flexibility of "Orientation"

Sexual orientation (attraction) is inherently flexible, evolving continuously over the lifespan.
 Women demonstrate greater fluidity than men.

 "Sexual Differences in the Flexibility of Sexual Orientation: A Multidimensonal Retrospective Assesment." Kinnish,KK, et al. Archives of Sexual Behavior 2005 Apr: 34(2). 173-83.

# Can SSA be Treated and Prevented?



Early identification, appropriate psychotherapy, and parental support are key factors to successful prevention
Catholic Medical Association. *Homosexuality and Hope*, 2003

#### Spitzer Study - 2003 Columbia University Department of Psychiatry

- A study of 200 men and women reported a sustained change from a homosexual to heterosexual orientation for at least five years.
- 61% of the males and 44% of the females satisfied the criteria for good heterosexual functioning.
- Spiritual component in recovery.
  - "Can Some Gay Men and Lesbians Change Their Orientation?" Spitzer, Robert L. Archives of Sexual Behavior, 2003. 32(5), 403-417.

#### Effectiveness of Therapy

The success of therapy follows the "Rule of Thirds." 1/3 find full healing and are able to go onto marry and have families or priesthood.

- 1/3 may not develop an attraction to the opposite sex; however, their same-sex attractions diminish greatly.
- 1/3 third may continue to struggle with SSA; however, they learn to not act on their compulsions, and live happy, chaste lives..

#### **Goals of Treatment**

- Identify and work to resolve the emotional pain which causes SSA.
- Uncover sadness, anger, weak confidence, mistrust, poor body image, narcissism
- Uncover and resolve anger
- Build male confidence/build trust.
- Role of spirituality as in treatment of addictions.
- Strengthen male friendships.

# Cultural Determinants of Masculinity

A father's love and affirmation.
Acceptance by male peers/siblings.
Ability to play sports/male friendships.
Body image.
Career/financial success.
Narcissism - I did it my way.
Males want to feel strong.

# Psychiatric Disorders in Young Adults

New Zealand 21 year study of 1007 children.
4 fold greater risk of major depression
5.4 fold greater risk of suicidal ideation
6.2 fold greater risk of suicidal attempts

Fergusson DM, et al. Arch Gen Psychiatry.
 1999;56, 876-80.

#### **Psychiatric Disorders**

- Lifetime Prevalence of Psychiatric Disorders in Homosexuals vs. Heterosexuals in 5,998 adults
  3x more Mood Disorders
  3x more Depressive Disorders
  2.5x more Anxiety Disorders
  2.5x more Multiple Disorders
  Significantly lower self-esteem in men.
  - Stanford et. al. (2001) Archives of General Psychiatry, 58.
  - 2.1% identified as homosexual.

#### Suicidal Ideations and Self-Harm

- A survey of 946 homosexual adults, aged 26, in New Zealand found:
  - Men: 3.1x more likely to have suicidal ideations
  - Women: 2.0x more likely to have suicidal ideations
  - Men: 5.5x more likely to self-harm
  - Women: 1.9x more likely to self-harm
     Skegg, K. (2003). American Journal of Psychiatry. 160(3): 541-546.

#### Suicide study in twins

103 middle age male-male twin pairs in which one had SSA
4.4 fold greater risk for suicidal ideation
6.5 fold greater risk for attempted suicide
5.1 fold greater risk for any suicidal symptoms.

Herrell R, et al. Arch Gen Psychiatry. 1999;56: 867-874.

### Suicide Risk

- "The 'gay life' provides no more than an alienated and isolated existence for many homosexuals. Continuity of relationships between two homosexuals is rare, although many homosexuals spend a lifetime seeking it. Rejection or disappointment signifies not merely abandonment, but despair over the inability to escape emotional isolation." p.146.
  - From <u>Suicide in America</u> (1995) by Herbert Hendin, M.D., Executive Director American Suicide Foundation. Professor of Psychiatry, New York Medical College.

#### Lack of Commitment

Length of Relationships
 Average relationship: 6 months
 Sexual Organization of the City,
 Laummann, E. 2004. U. Chicago

Long-term relationship: 18 months
 Average of 18 - 26 sexual partners per year
 Xiridou, M. AIDS (2003)

#### **Promiscuity/Hedonism**

 Study of 957 men - averaged 20 sexual partners over the previous 6 months.

Leobon, J., et al. Journal Sex Research, 2006;43:35.

### **Physical Abuse**

Heterosexual Couples
 Reported in 12% of relationships
 American Journal of Public Health (December 2002)

#### Homosexual Couples

- Reported in 44% of male relationships
- Reported in 55% of female relationahips
  - Journal of Family Violence (Vol. 13, 2000)

#### **SSA Relational Abuse**

#### 54% past violence

 Cochran, BN. 2006 Characteristics of lesbian, gay, bisexual, and transgender individuals entering substance abuse treatment. J. Substance Abuse Treatment 30: 135-146.

#### Health Risks to Women

Studies have shown that sexually active lesbians are 4.5 times more likely to have more than 50 lifetime <u>male</u> sex partners than heterosexual women.
This exposes them to higher risks of contracting STDs.
Sexually Transmitted Infections (2000)

### **High Risk Behaviors**

The types of sexual activities found in the gay lifestyle that promote STDs:
High Prevalence of Unprotected Sex
High Prevalence of Anonymous Sex
Multiple Sex Partners

# Health risks assoicated with SSA

The most comprehensive medical paper on this important issue is Dr. John Diggs at "The Health Risks of Gay Sex" at www.catholiceducaction.org.

### Promiscuity

 A recent study conducted in Amsterdam reported that 86% of all newly reported cases of HIV / AIDS came from men who had claimed to be in "committed, monogamous" relationships.
 Xiridou, M. AIDS, April 2003

#### What Can Be Done?

- Seek out mental health professionals who are experienced in the treatment of SSA.
- The specific causes can be identified and an effective treatment program initiated.
- A strong spiritual component can increase the effectiveness of therapy - similar to the treatment of addictions.

#### Goals of Treatment

Identify and resolve the emotional wounds which have been identified as the Origins of SSA.
Attain the freedom to live chastely according to one's vocation in life: single or married.

# Identification of Potential Abusers.

- Major risk factors are found in the history of these males:
  - Deep seated homosexuality.
  - Regular use of homosexual porn.
  - History of lack of acceptance and isolation in adolescence.
  - Poor body image.
  - History of loneliness, depression, weak male confidence.

#### **Deep-Seated Homosexual Tendencies**

- Unwilling to teach the truth about sexual morality
- Under severe stress may even experience strong physical and sexual attractions to adolescents of the same sex
- Harbor excessive anger toward the Church's teachings on sexual morality and toward the Magisterium
- Refuse to defend the sacrament of marriage and the right of every child to a father and a mother
- Homosexual behaviors.

## Priests & Seminarians with SSA

- Have a grave responsibility to understand themselves and causes of their SSA
- Have responsibility to protect the Church from further shame and sorrow
- Have a responsibility to the Church to resolve their emotional conflicts.

#### **Crisis and SSA References**

Clergy chapter of www.maritalthealing.com

www.narth.com

#### John Paul II and the Crisis

 "In addressing the problem of abuse with clarity and determination, the Church will help society to understand and deal with the crisis in its midst."
 April 2003 to American Cardinals and Bishops.

## Pope John Paul II

- "I am thinking of the strong pressure from the European Parliament to recognize homosexual unions as an alternative type of family, with the right to adopt children. It is legitimate, and even necessary, to ask whether this is not the work of another ideology of evil, more subtle and hidden, perhaps, intent upon exploiting human rights themselves against man and against the family".
  - Memory and Identity by Pope John Paul II.
     2005. Rizzoli Publishers, New York, NY.

#### **Pope Benedict XVI**

"…if homosexual unions are perceived more and more as enjoying the same standing as marriage, then we are truly facing a dissolution of the image of humankind, bearing consequences that can only be extremely grave."

 Pope Benedict XVI. Essay from Without Roots. (2006) Basic Books. *First Things*. January 2006.

#### **Pope Benedict XVI**

 Pseudoforms of 'marriage' distort the Creator's design
 Undermine the truth about human nature

#### **Pope Benedict XVI**

 "Confuses a false sense of freedom with the true freedom of choosing the definitive gift of the permanent 'yes' which spouses promise to each other."
 Pope Benedict XVI May 18, 2006 to Australian ambassador.

## Effects of Same-Sex Adoption on Children

 All social science research concludes that the healthiest environment to raise a child in is one that includes a mother and a father.

Journal of Marriage and Family 53 (August 1991)

- Cruel Deprivation
  - <u>Fatherless America</u>: Study that shows the detrimental effects of growing up without a father (1995)

 Studies that try to prove that healthy children can be raised by same-sex couples are unfounded.

• Children Australia (1996)

